

# The Opioid Crisis: Our Community

## Issue 4

### What can You Do?

#### Start the Conversation – Be open to Dialogue.

Neighbors, friends, coworkers, loved ones, and even you, may be affected by Opioid abuse.

People who experience stigma or have no support are less likely to seek out healthcare or treatment.

What is stigma?

Stigma is a set of negative beliefs held about a topic or group of people based on assumptions, preconceptions, and generalizations.

How can I reduce stigma?

#### Do your research: Learn about Opioids.

- See the entire line of the Opioid Crisis: Our Community newsletters available at [www.prairieview.net](http://www.prairieview.net)

What can I do for the people I care about?

#### Be a positive support.

- Listen while withholding judgment.
- Encourage the people in your life to reach out for help.
- Remember that people are not their addiction; see them for who they are, not what drugs they use.

#### Be proactive: Look for resources in your community.

- Who can I go to in my area for help?
- What can I do at home?
- How can I dispose of the prescriptions I may have?
- What should I do in cases of emergency?



DEA.gov

<http://www.siouxfalls.org/public-works/environmental-recycling-hazardous/green/recycling/pharmaceuticals>

<https://drugabuse.com/library/addiction-stigma/>

**For more information:  
Visit  
[www.PrairieView.net](http://www.PrairieView.net)  
like us on Facebook.**

### Who can I go to in my area for help?

You may call Prairie View Prevention at (605) 331-55724. Prairie View Prevention can direct you to appropriate resources in the Sioux Falls area and beyond.

For statewide or nationwide treatment:

You may call 1-800-662-HELP

Go to [www.findtreatment.samhsa.gov](http://www.findtreatment.samhsa.gov)

### How can I dispose of the prescriptions I may have?

**Disposal of medications in the toilet, drains, or trash is not recommended if other options are available.**

Drug Takeback programs allow a means of disposing of harmful substances and unused medication into a locked container.

Sioux Falls has a Drug Takeback program located in the lobby of the Law Enforcement Center located at 320 West Fourth St.

### **No questions are asked and no forms are needed.**

No liquid medication is accepted. The lobby is open from 6 a.m. to 10 p.m., Monday through Friday.

For other areas, call your local law enforcement to see if they have Takeback programs or events.

Public Controlled Substance Disposal sites are another means for safely disposing of prescriptions and other substances.

Locations in Sioux Falls:

Lewis Drug - 2901 S. Minnesota Ave

Ameripharma, Inc – 2503 E 54<sup>th</sup> St. N

For other areas check the DEA Search Utility at:

<https://apps.deadiversion.usdoj.gov/pubdispsearch>

Check with local pharmacies to see if they participate in DEA approved mail-back programs for unused medication disposal.

### What should I do in cases of emergency?

**People who have overdosed need urgent medical help (call 911 immediately).**